



Public Works Department keeps the city clean, clipped and maintained

At 6 a.m. every business day, Doraville Public Works Supervisor Joey Sanders arrives at an unassuming sheet metal building on Winters Chapel Road near the tank farms, brews coffee for his staff and uses the next hour to put the final touches on his team’s work orders for the day.

When his staff of nine arrives at 7 a.m., they gather at a worn picnic table in the city garage, surrounded by tools of their trade such as work benches, stacks of tires and tool boxes, to discuss that particular day’s assigned tasks. Then they quietly go about their day, performing a diverse number of jobs such as mowing parks, sweeping streets, collecting yard debris and performing maintenance on city vehicles.

Many residents are often unaware of the multitude of behind-the-scenes chores performed daily to keep Doraville clean and well-maintained. “People are always surprised when they hear about all of the things we do every day,” says Sanders. “With only 10 of us, we have to wear many hats.”

Those “hats” may include everything from lubricating the locks at the Doraville Police Department (DPD) to replacing a stop sign that

may have gotten knocked down overnight. From mowing, pruning, trimming, fertilizing and mulching landscapes in all six of the city’s public parks to routine maintenance on the city’s fleet of vehicles to grading and maintaining playground equipment and sports grounds, the crew is never at a loss for something to do. Public Works staff are the “go-to” people to clean up an office mess, change light bulbs or adjust building temperatures when the need arises.

(Continued on Page 4)



City Hall (770) 451-8745
Police Dept. (770) 455-1000
Emergency 911
Code Compliance (678) 530-2006
Jail (770) 455-1716
Fire Dept. 911
Parks/Recreation Dept. (770) 936-3850
Library (770) 936-3852
Public Works (770) 936-3855
Courthouse (770) 455-1001



From the City Manager's Desk

By Dr. Shawn Gillen

Welcome to this issue of *Insight*. In this edition, you will learn about our Public Works department and the growing demand for the services they provide. We have introduced new technology and new equipment to help get this done. Our Public Works crew works very hard and we are getting them the tools they need to improve service delivery. One thing we have done is implement an electronic work order system that allows our crews to more efficiently manage their time and track the work that needs to be done. Each one of our team has a tablet that allows them to receive their daily work tasks and track the completion. We have also purchased a new leaf vacuum truck that you will be hearing about in the next couple of months. This will allow residents to rake their leaves to the edge of their yard along the street and the City will vacuum them up. It will also help us keep the leaves out of the streets and out of our storm water drains.

You will also see a story featuring Brianna Rindge, our new Assistant Planner in charge of our stormwater projects and our City Arborist. She has been working with our engineer to help us address stormwater issues around the city and has begun work on a redesign of Oakcliff Road and Chestnut Drive to help slow down traffic, eliminate the truck traffic and improve the stormwater flow along these routes. We look forward to hearing your input on these and the other projects we have coming in the near future.

Onward and Upward!

By Doraville Mayor Donna Pittman

It's already October and the holiday season is just around the corner! Nothing sets the mood for holiday excitement like the official Mayor's Christmas Tree Lighting at Doraville City Hall, 3725 Park Avenue. Mark your calendars for **November 28** at 6:30 p.m. to join me, City Council and staff, and Santa and his elves to usher in one of the most anticipated events of the year. The Christmas Tree Lighting will be preceded by a Holiday 5k at 4:30 p.m. that is a fundraiser with proceeds going to Toys for Tots. Volunteers are needed for both events.

Holiday 5k Race—will begin at 4:30 p.m. and is an official qualifying race for the Peachtree Road Race and is certified by the USA Track and Field (USATF). The race course is flat and mildly rolling.

Mayor's Christmas Tree Lighting—The lighting of the City Christmas Tree and the arrival of Santa and his elves begins at 6:30 p.m. After the tree lighting, Santa will take his place of honor at City Hall and every child can be photographed as they whisper their Christmas wishes into Santa's ear. Each child will take their photo with Santa home as a special souvenir.

Once again, the net proceeds from the Holiday 5k will go to the popular and worthy Toys for Tots. The objectives of Toys for Tots are to help less fortunate children in the Doraville area and throughout the United States experience the joy of Christmas and to contribute to better communities in the future.

As the day of the events draws closer, more details will be made available

Insight is published quarterly for the citizens of Doraville. We appreciate and welcome your input. Please contact Bob Kelley, Doraville Public Information Officer, email: robert.kelley@doravillega.us.

Doraville



On Saturday, October 10, Doraville will host a centralized **Neighborhood Clean-Up Day** at Forest Fleming Arena, 3037 Pleasant Valley Drive (off of McElroy Drive). The event will run from 8 a.m. to 2 p.m. In addition, shredding services will be available beginning at 11 a.m.

This event is for Doraville residents only and verification of address will be required.

Residents will be able to drop off any bulky items, trash, old appliances/furniture and any other unwanted items. SOLVENT OR HAZARDOUS MATERIAL WILL NOT BE ALLOWED (this includes batteries, paint, large car parts, motors, tires, oil, anti-freeze, concrete, household chemicals, construction debris and similar items).

There will also be a dumpster available for recyclables only. Acceptable items are the same as those you put out with your weekly recyclables---plastic, paper, cardboard, aluminum, phone books, etc. Recyclable items must be separate from the other items you may be dropping off.

American Security Shredding will be on site at 11 a.m. accepting all paper documents for shredding and they will be shredded while you watch. This service is provided for as long as the truck has room.

NOTE: Items must be reasonable size and environmentally safe in order to be disposed of properly. If you have a large vehicle that can be used for hauling, think of organizing a group to help your neighbors (especially the elderly).

The PawStand opens in Doraville

Doraville is fast becoming a pet lover's paradise and this has prompted the opening of the city's third business this year that caters to the various needs of our furry friends and their owners.

The PawStand held their grand opening in September at 6251 Peachtree Industrial Blvd. in the Tilly Mill Crossing Shopping Plaza, across from Home Depot and next door to the WellPet Humane clinic. The inviting, well-stocked 3,700-square-foot facility is a unique pet boutique that not only offers all natural pet foods, treats and pet accessories, but also features self-serve dog spas and a canine rehabilitation and fitness center.

The business was founded based on the shared love for pets by its two owners, Jennifer Andreae and Donna Raney.

Andreae is a physical therapist who formerly worked with patients at the Shepherd Center, treating spinal cord injuries and acute brain-injured individuals. She has also worked in the field of amputee rehabilitation, and extensively in outpatient orthopedics. When her black Labrador Retriever underwent surgery for hip dysplasia, she utilized her human physical therapy skills to rehabilitate her pet, a move that took her into an entirely new direction professionally. Andreae holds a Master's degree in physical therapy from Georgia State University, her doctorate of physical therapy from Arcadia University and to further strengthen her skills in this new area of expertise, she went on to earn her certification as a canine rehabilitation therapist from The Canine Rehabilitation Institute.

Raney grew up on a 52-acre farm in Arkansas, responsible from a young age for taking care of family pets and farm animals. Her love of animals led to the creation of a part-time pet sitting business

in 2002, later leaving full time work in corporate America in 2008 to establish Pet Attention, LLC, a pet sitting business serving clients throughout the Atlanta area. The planning and creation of The PawStand has given Raney the opportunity to combine her love of animals with her knowledge of whole food nutrition for pets, helping people make better choices for their pets' health and longevity.

It was one of Raney's pet sitting clients that actually inspired the name for the new business. "Otis was a rescue dog that had been shot in the chest and was blind in one eye," she recalls. "He didn't like to hike on anything or get his rear paws wet. In fact he would completely lift his rear legs and stand on his front paws to relieve himself. I claimed he was doing a 'paw stand' and that name stuck and seemed appropriate when it came to naming our business!"

In addition to a wide variety of nutritional wet foods, dry foods, and raw foods, The PawStand features three self-serve dog spas: two for breeds from small to extra-large and one specifically for smaller "tea cup" pets, 10 pounds or less. Each elevated, self-contained spa is stocked with accessories from towels and aprons to scrubbing brushes, ear and eye wipes, pet dryers and other finishing products.

The canine rehabilitation and fitness center features a state-of-the-art AquaPAWS PLUS underwater treadmill system by Hudson Aquatics. Also available is therapeutic ultrasound, laser, electrical stimulation, therapeutic exercise and manual therapy. These treatment options can be used to treat pet ailments including arthritis, spinal injuries, paralysis, hip dysplasia, CCL sprains, weight management issues, and muscles stiffness or atrophy.

"We require any prospective rehab or fitness client to contact their veterinarian prior to beginning any program," says Andreae. "We are committed to the welfare of our clients' pets and will not initiate treatment without the consent of their vet."

For more information call 470.767.8441 or drop by (you can take your pet, too!) or go to The PawStand's website at www.ThePawStand.com. Follow them on Facebook @ www.facebook.com/thepawstand. Be sure to look for their upcoming advertisement and rehab article in the next *PetPages Magazine*.



(L-R) One of PawStand's doggie spas; Jennifer Andreae demonstrates PawStand's underwater treadmill system for Mayor Donna Pittman.

Senior Citizens 



Five Generations— Holly Sinclair, center, with four generations of family. Standing (l-r) great granddaughter Brooke Pitts holds great great granddaughter Laura; daughter Elaine Medlin; granddaughter Deborah Medlin and great granddaughter Leea Cepic.

A 54-year Doraville resident, Sinclair is a long-time member of Doraville Senior Citizens. The group, led by Lou Jenkins, with assistance from Pam Fleming, meets the second Wednesday of each month at the Civic Center for a covered dish lunch. The seniors are very active in community activities such as collecting school supplies, canned goods during the holidays and much, much more. To learn more about the group, contact Lou Jenkins at jenkinswillier@bellsouth.net.

Meetings & Events

The best way to play an active role in how your city operates is to attend and participate in regularly scheduled city government meetings and social events. The public is welcome at all meetings/events listed below.

- City Council meetings are held the first and third Monday each month, 6:30 p.m. at City Hall.
- Doraville Planning Commission meetings are held the first Wednesday of each month at 6 p.m. at City Hall.
- Doraville Downtown Development Authority meetings are held quarterly at 6 p.m. at City Hall. Check the city website for meeting dates.
- Senior Citizens monthly potluck luncheon, held the second Wednesday of each month at the Doraville Civic Center.

Public Works (from Page 1)

“Until a few months ago, I only had seven men to do day-to-day operations for the city and now we’ve added two more,” Sanders continues. “Even with nine people, we still get spread thin, but we always find a way to get everything done.” The city’s clamp truck (used for picking up stacks of yard debris) and street sweeper canvas the city twice a month on alternate weeks. A newly-added truck will now pick up any piles of leaves that residents leave near the edges of neighborhood streets. During the summer, all city parks are usually mowed twice a month.



Joey Sanders

With city police cars operating 24-7, there is always an ongoing need for auto maintenance as well as on city vans, Code Compliance vehicles, and other autos in the city fleet. All of the Public Works equipment and vehicles, some getting quite worn, require constant vigilance. In addition, DeKalb County provides road signs and posts for Doraville, saving the city the cost of purchasing the signage, and Sanders and his team are tasked with installing these signs on an as-needed basis.

When vandals spray paint city signs and property such as bridges and buildings, Public Works members are tasked with all of the repainting and cleaning. “Our staff is not licensed to do electrical or construction work, but we are often called upon to put a quick ‘band aid’ on problems until contracted services can be arranged,” says Sanders.

Keeping track of the multitude of daily tasks used to be conducted somewhat randomly, but that has

all changed over the past two years with the implementation of the city-wide revamp of the city’s records management system. Daily verbal job assignments have been replaced with computer tablets that each worker uses to review each day’s list of jobs, track their progress and note any additional work that may be needed to finish the job. This also enables Sanders to keep an eye on what jobs are being completed in a timely manner and know at any given time the status of every assigned work order.

“The new electronic tracking system has saved us a lot of time and money,” notes Sanders. “Before, we had no way of tracking what work was actually being done and the current status of the job. This new system also provides a monthly overview of our work and makes us more accountable.”

Another vital addition to the city’s maintenance resources has been the addition of a huge stockpile of salt to use when winter snow storms hit and a new snow plow and salt spreader that is attached to a Hummer purchased by the DPD for this kind of emergency.

“Before we had the plow, we just had a tractor with a fertilizer spreader attached to disperse de-icer on the streets,” adds Sanders. “Prior to that, the Public Works crew did their best by throwing river sand out of the back of a dump truck.”

Sanders has gotten to know the city inside and out during his 40-year tenure with Doraville. This knowledge is invaluable when it comes to recognizing various needs in neighborhoods, city buildings and city parks and the flexibility necessary to respond and keep city services operating smoothly.

Sanders’ current Public Works team includes Nick Hewatt, Gary Sanders, Shane Mitchell, Jose Duluna, Mike

Jones, TJ, Manuel Avila, Derrick Hudson and Erick Rivera.

“My motto is to do every job the best I can and I try to instill this philosophy in my staff as well,” says Sanders. “If I see a job is not up to par, then we go back and make it right.”

Qualifying candidates for city posts announced

Qualifying for city council and mayor’s positions closed on Friday, September 4. The Office of the City Clerk – Elections Division issued the following roster of qualifying candidates

Mayor, At Large

1. Donna Pittman (I)
2. Tom Hart

City Council, District 1

1. Pam Fleming (I)
2. Julie Newman

City Council, District 2

1. Tim Snyder
2. Md Naser

City Council, District 3

1. Shannon Hillard

The City of Doraville General Election will be held, Tuesday, November 3, 7:00 a.m.-7:00p.m. at City Hall, 3725 Park Ave.

Every vote counts! Please exercise your right to vote.

The City of Doraville contracts with DeKalb County Board of Voter Registration and Elections to conduct our municipal elections.



Vial of Life could be a lifesaver!

The Doraville Police Department (DPD) has teamed with Colliers Pharmacy on Buford Highway to create the city's customized version of the Vial of Life medical information program popular (especially with senior citizens) in other cities nationwide. The Vial of Life program allows individuals of all ages to have their complete medical information readily available in their home for emergency personnel to reference during an emergency.

The local effort was initiated by DPD Corporal Mark Hamrick who approached Colliers who donated the vials needed in the program. DPD Sgt. Kari Lopez is also helping coordinate the program. The DPD is storing the vials and will be handing them out upon request to any Doraville resident. "If there is someone within city limits that isn't mobile, they can reach out to Cpl. Hamrick or myself and we can get a police unit to drop one at their residents," said Sgt. Lopez.

The vials, distributed free of charge,

hold decals, medical information forms and a refrigerator magnet with DPD contact information. Participants fill out the forms and, along with any other pertinent information, place the forms in the oversized green pill vial and store it somewhere easy to find, such as a refrigerator freezer.

The vial's paperwork should include emergency contact information, medication information, doctor(s) information, etc. Participants can also include organ donor preferences, living will direction or any other information that needs to be shared. The bright red decals can be placed on the refrigerator door and the front door to the house, a front window or any other highly visible location.

Should an emergency arise and the stricken individual cannot communicate clearly with responders, medical staff can easily get vital information needed immediately by locating the vial and accessing the medical details inside of it. "Our DPD officers assist EMS on calls all of the time and the more information available

to the responders, the better," notes Cpl. Hamrick.

To read more about the national Vial of Life program, go to their website at www.vialoflife.com. For more information about the Doraville program, contact Sgt. Lopez at kari.lopez@doravillega.us.



New signage designs chosen for City gateway entrance spots

In response to numerous comments from citizens and to make an effort to greet visitors to the city in a more professional manner, the out-dated entrance signs to the city are being replaced.

City Council members chose the designs shown above out of five choices submitted by local graphic arts designer Michael Halbert, Northwoods. Halbert also designed the entrance signs installed in Northwoods last year and recently designed the signs and banners promoting the Doraville Food Truck Rallies.

City Council members asked that the designs be shared with Doraville residents for feedback. Two different designs have been proposed for use. The larger, stone sign will be used at main entrance points into the city. The alternate sign will be placed at entrance points in the city that may have limitations such as physical space restrictions, sight-line restrictions, and right-of-way restrictions.

Murphy boxing tourney a "knock out"

The 8th Annual Paul Murphy Title Belt Tournament, hosted by Sugar Bert Boxing Promotions, 3688 King Avenue, was held in Doraville over Labor Day weekend. The event drew hundreds of amateur boxers of all ages including coaches and boxing teams from the Virgin Islands, Kyrgyzstan, the Bahamas, Puerto Rico and coast-to-coast throughout the United States.

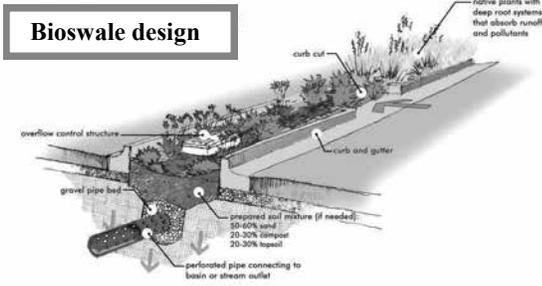
Bert Wells, aka Sugar Bert, is owner of the reknowned Paul Murphy Boxing Club and was a former boxer. He has dedicated most of his life to helping further the sport of boxing. The United States boasts over 35,000 registered amateur boxers and these types of USA boxing-sanctioned tournaments help grass root amateur boxers around the country gain the experience needed to pursue their Olympic goals and to participate in other boxing competitions.



Mayor Donna Pittman welcomed guests to the boxing event. Pictured with her are Ken Franklin, President of the Georgia Amateur Boxing Association (left) and Minister Darrick Fitzgerald, administrator. At right, some of this year's competitors.



Chicane design



Bioswale design



Mini-traffic circle

Traffic mitigation/stormwater improvement proposal made for Oakcliff Road and Chestnut Drive

Ever hear of a bioswale? What on earth is a chicane? These terms may soon become a regular part of your vocabulary as plans are developed to eliminate 18-wheel trucks and traffic violators traveling daily down Oakcliff Road and Chestnut Drive, two major thoroughfares that dissect portions of Doraville.

Brianna Rindge, Doraville's Assistant Planner and Stormwater Coordinator, is spearheading a traffic mitigation and stormwater improvement plan for these two streets that offers a number of choices to cut down on traffic violations and protect the surrounding neighborhoods.

"This plan is a preventative measure based on a collection of comments and complaints from residents submitted to City Council members," says Rindge. "The purpose is to physically restrict illegal traffic (18-wheelers,) from wanting to travel down Oakcliff and Chestnut as a cut-through to Buford Highway and I-285 and discourage speeders and people who fail to come to a complete stop at stop signs on both streets or the stoplight at Oakcliff and Pin Oak. It will also cut down on wear and tear on the streets and reduce the amount of pollutant emissions that emanate from the trucks and at the same time help improve stormwater drainage in these areas."

A menu of options and costs was presented recently to City Council that should hopefully solve the problem, and yet be visually appealing to neighborhood residents. Included are traffic relievers with unfamiliar names such as wayfinding signage, chicanes, bioswales, raised intersections and crosswalks, and mini-traffic circles. The

number of options chosen will vary, based on cost and placement needs and restrictions.

Wayfinding signage is a height-restricting overhead banner style of sign that is too short for big rigs to pass under but still tall enough for MARTA buses while also helping to brand the City and serve as a neighborhood gateway. This is an option used successfully in the Lindbergh/LaVista area of Atlanta. The hope is that word will spread that these are being used on the streets and big rigs will find a new route to avoid them. The downside is there will be a few banner casualties initially but these should become fewer as word spreads. Money would be set aside to repair the signs as needed.

A **chicane** is a small built-in jut into the road that could have a bench, bus stop or rain garden. These juts force the driver to travel for a short stretch in a zig-zag fashion, a method not popular with 18-wheelers. These have proven successful in the Peachtree Hills area of Atlanta to reduce oversized vehicle traffic and encourage drivers to slow down.

The most expensive, yet most plausible solution is a **bioswale**. This is a buried drainage system that visually looks like a linear garden along the street. It allows water to drain through soil to a buried perforated water pipe that would allow drained water to seep into the ground. The casual observer would see plants and flowers instead of just a curb with a drain underneath that is prone to collect debris. This is a proven, popular stormwater mitigation method.

And finally, there is the option of building **mini-traffic circles** in the middle of

selected intersections that are easy to maneuver yet force drivers to slow down. They would have to be placed in an intersection because of the right-of-way parameters that exist on these two streets. A similar alternative would be **raised intersections** that ramp up slightly from street level---not high enough to severely jolt a car, yet high enough to require speed reduction. Raised intersections and crosswalks are more visually appealing than a regular speed hump.

"Implementation of these tactics will help protect Doraville neighborhoods, as the region grows and phone applications such as Waze redirect drivers through Oakcliff and Chestnut to avoid traffic on I-285 and Chamblee-Tucker," Rindge continues. "Resident input is essential because we cannot be everywhere at once to observe violations and we definitely pay attention to comments from residents in both areas."

Money for the project has been set aside in the city's stormwater budget, so installation could begin as soon as direction comes from City Council. It could be done in phases with mini-circles, raised speed bumps or chicanes done fairly quickly, while it takes more time to install bioswales.

"We are still doing the cost analysis for a combination of the different options," Rindge adds. "Ideally, I prefer the bioswales because they improve the streetscape and help everyone, including pedestrians, bikers, and bus riders as well in slowing down traffic in the neighborhood and being more visually appealing."

RECICLAJE

Advanced Disposal Services (ADS) recolecta los artículos de reciclaje en la Ciudad los días que recolecta la basura residencial. Los contenedores/botes de reciclaje deben ser puestos en la acera nos mas tardar de las 6:30 a.m. Por favor llame a la Alcaldía al 770-451-8745 si tiene algún problema con este servicio.

Si usted es un residente nuevo o necesita reemplazar algún contenedor, favor llamar a ADS al 770-381-6420, para entrega.

LOS SIGUIENTES ARTICULOS SE PUEDEN RECICLAR:

No es necesario ordenar/clasificar los artículos. Favor de no poner los artículos dentro de bolsas plásticas.

Cualquier artículo de aluminio	Productos de papel
Contenedores plásticos	Bolsas plásticas
Cualquier artículo de cartón	Botellas y frascos de cristal

LOS SIGUIENTES ARTICULOS NO PUEDEN SER RECICLADOS:

Ningún tipo de artículo de poliestireno (styrofoam) Ningún artículo contaminado con residuos de comida

NOTA: Favor usar precaución cuando recicle cualquier tipo de promoción recibida por correo, como aplicaciones pre-aprobadas de tarjetas de crédito, hipotecas, o cualquier documento que contenga su información de identificación personal. Se recomienda que haga tiras o destruya ese tipo de documentos antes de desecharlos, para evitar que le roben su identidad.

BASURA RESIDENCIAL

La basura será recolectada en las siguientes calles los **MARTES:** Oakcliff Estates, Aspen Woods, Barrylyn, Beacon, Chicopee, Hickory Ln., Hickory Wood Ln., Homeland, Johnny's Lane, Redwood, Pontiac, Tilly Mill (al norte de Mill Ct.), Valley Stream, Van Fleet, Winters Chapel y Woodwin

La basura será recolectada en las siguientes calles los **MIERCOLES:**Northwoods, Carver Hills, Clay, Doral Ct., Doral Dr., Eula, Flowers, Harber Valley, Porter Glade y Tilly Mill (de Flowers a Mill Ct.)

Si usted es un residente nuevo o necesita reemplazar algún contenedor, favor llamar a ADS al 770-381-6420, para entrega.

PROGRAMACION DE RECOLECTA DURANTE DIAS FERIADOS

<u>Fecha en que se Celebra Día Feriado</u>	<u>Fecha reprogramada de recolecta</u>
Año Nuevo	Siguiente día laborable
Memorial Day	Siguiente día laborable
Día de Independencia	Siguiente día laborable
Labor Day	Siguiente día laborable
Día de Acción de Gracias	Siguiente día laborable
Navidad	Siguiente día laborable

Los contenedores/botes de basura y reciclaje deben ser los provistos por ADS. Todo contenedor (de basura, reciclaje, desechos de patio – provistos por ADS y/o por el propio residente) deben ser puestos en una ubicación con solo los materiales que serán recogidos cerca del mismo.

Todo desperdicio de patio debe ser puesto dentro de bolsas o contenedores provistos por ADS o por el residente. Esto incluye hojas, recortes de césped, partes de plantas, ramas pequeñas, enredaderas, recortes de arbustos, etc., todo lo cual debe ser envasado (dentro de bolsas o contenedores).

Ramas grandes, árboles y escombros de patio que no quepan dentro de los contenedores deben ser colocados en la acera de acuerdo al Código de la Ciudad Sección 15-56; es decir, colocados en la acera por montones separados y todo/a rama/árbol que sea más de 6 dbh (diámetro a la altura del pecho) debe ser cortado/a en pedazos que no sean más de 5 pies de largo.

Cualquier árbol, arbusto y/o cualquier desperdicio producido por una compañía comercial podadora de árboles, de jardinería o contratista de construcción, no serán recolectados por la Ciudad.

Escombros ni ningún tipo de basura serán recolectados de terrenos o lotes vacíos a menos que un impuesto de saneamiento se pague a la Ciudad.

La Ciudad tiene capacidad limitada de recolección basada en el tipo de desperdicio y la cantidad. Estos artículos serán recolectados solamente en las semanas regulares de recolección; tiene que ser aprobado y programado por la Alcaldía, 770-451-8745. Hay una tarifa mínima de \$30.00.

Los siguientes artículos no serán recolectados por la Ciudad: ningún material de construcción; tocón de árbol; tierra; piedras; objetos de concreto; pedazos ni piezas de automóvil; llantas; pintura; aceite ni ningún otro líquido; ni excrementos. Puede entregar las llantas usadas al distribuidor.

Las hojas se deben mantener separadas de cualquier otro tipo de desperdicio de jardín para ser recogidas a la orilla de la acera por un equipo de succión de hojas (comenzando el otoño del 2015).

Usted puede llevar cualquier tipo de basura doméstica directamente a las Instalaciones de Desperdicio del Condado de DeKalb (DeKalb County Disposal Facilities).

Para más información acerca de localización, horas laborales y artículos aceptables en estas instalaciones, llame al 404-294-2900.

Para información acerca de **desechos peligrosos**, llame a la Oficina de Salud Ambiental (Environmental Health Office) al 404-656-4713.

Former soldier's survival instincts provide impetus for nonprofit breast cancer agency

From the turmoil of fighting in Iraq to dealing with the loss of a loved one, Anisa Palmer continues to utilize her strong survival instincts learned in the military by helping others in her own community. Her non-profit agency, focused primarily on women with breast cancer, is aptly named *I Will Survive, Inc.*, and is headquartered in Doraville at 5879 New Peachtree Road. It was founded in 2010.

Palmer did two deployments to Iraq as a military intelligence supply sergeant with the U.S. Army's 82nd Airborne Division. "During that time, we lost some of our soldiers, but luckily I survived and I was so grateful for my life," she says. "My mother lost her battle with breast cancer at the young age of 38 and I decided to take my instinct for survival and combine it with the memory of my mother to help others to survive this terrible disease.

"When women, especially women who may be unemployed or lacking insurance, receive this diagnosis, a multitude of questions immediately run through their mind: 'How will I survive this?' 'What if I don't make it?' 'How am I going to pay my rent or feed my family?' This can create stress and tension not unlike post-traumatic stress disorders suffered by military personnel."



Surviving this kind of diagnosis on a day-to-day basis and dealing with long term sustainability is the core mission of *I Will Survive*. The organization provides more than just hope for the present; it provides a positive future by focusing on educating beyond surviving. There are three major components

involved: Surviving Financial Assistance, Surviving Educational Awareness and Health & Wellness Survivorship.

"We provide gas cards to help women travel to and from health care facilities," Palmer continues. "And we help them pay utility bills or arrange for food for their family. This helps reduce the stress that can fuel the cancer tumors." Other stress relievers provided may include care packages with all natural products, spa cards for relaxing massages or assistance in paying for mammograms and other health services.

The Educational Awareness aspect of the agency is comprised of two major pieces. First is educating the community on prevention of breast cancer by promoting the importance of eating healthy, exercising regularly, reducing stress, not smoking, reducing alcohol intake and remaining positive. The second part is focused on educating women and men in lower income communities after they are diagnosed to ensure the cancer tumors do not return. Educational workshops are offered as well as referrals to other nonprofit organizations and community health centers. They work with other assistance agencies to cover breast cancer screenings such as the Women's Breast Imaging in Lithonia, the Women's Center at Cobb Hospital, and DeKalb Medical as of 2015.

"For the Health and Wellness component, we deal solely with survivors immediately after they have been diagnosed, until they are no longer in need of our services," says Palmer. "Beyond the stress relievers already mentioned, we pay their registration fees for workshops and motivational lectures pertaining to their particular situation. We send them to fashion shows featuring breast cancer survivors and this helps rebuild a sense of beauty inside them that they may have been lost due to their diagnosis.

One of our sponsors, Livi Rae Lingerie in Kennesaw, specializes in mastectomy bras and another sponsor in Peachtree City offers wigs to cancer victims at reduced or no cost."

As a tax-exempt 501 (c) (3) nonprofit, money is always a concern. *I Will Survive*

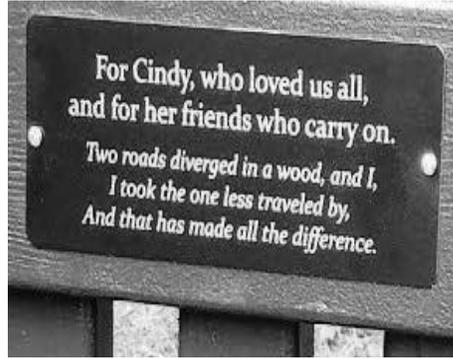


Anisa Palmer

has built healthy relationships with a wide number of fellow agencies and corporations that often provide in-kind services, corporate gifts and grants. Pro Bono Partnerships of Atlanta provides legal services to keep them in legal compliance and Palmer often turns to her next-door business neighbor, *I Care Atlanta*, who helps provide food and clothing. (Readers may recall that *I Care Atlanta* was featured in the last issue of *Insight*.) Other partnerships include Sisters by Choice, Google, Kroger, United Way and the American Cancer Society, to name just a few. Fundraising campaigns are held when financially feasible including a **Breast Cancer No More** campaign currently running through October.

I Will Survive's mission appears to echo the words of the late Maya Angelou: "I speak to the black experience, but I am always talking about the human condition -- about what we can endure, dream, fail at, and still survive."

If you want to know more about *I Will Survive*, visit their website at www.iwillsurviveinc.org or contact Anisa Palmer at 404-483-8503. All donations are tax deductible. Checks can be made out to *I Will Survive, Inc.* and mailed to 5879 New Peachtree Road, Ste. D, Doraville, GA 30340. Credit/debit donations can be made directly through links on their website.



Clockwise from upper left: Doraville DPD officers at a National Night Out event in August; in June, the city approved installation of a bench in Brook Park to honor late community leader Cindy Bradford. The bench was built by local craftsman John Maloney and funded with donations from Bradford's friends and neighbors; Mayor Pittman joins Nissan officials to break ground for a new dealership; residents chowing down at a Doraville Food Truck Rally; citizens learn the ins and outs of tax allocation districts (TADs) at a

Town Hall meeting; bikers line up for the inaugural Bikes and Bites bike ride to promote Buford Highway eateries; workers toil in summer heat to complete city paving and pothole projects; Doraville employees give a "high five" after a city employee kickball game; DPD Sgt. Kari Lopez enjoys a burger at an employee appreciation cook-out; city employees who work but don't live here were given tours of the city to familiarize them with major businesses and neighborhoods.



Doraville On The Go!



What's happening at the Doraville Library?

October

Preschool Adventures—(ages 3-5 years) Stories, songs and more. Wednesdays, 10:30-11:00 a.m., October 7, 14, 21, 28

Family Storytime—(for all ages) 1st and 3rd Tuesday of the month. Tuesday night storytime full of fun family literacy activities. Tuesdays, 6:30-7:30 p.m., October 6, 20

Teen Zone— YA Book to Movie (ages 13-17 years) Come see one of your favorite YA books come to life on the big screen; and if you haven't read the book yet, maybe the movie will spark you to check it out! Movie will be announced one week before the screening. Saturday, October 17, 2:00 – 4:00 p.m.

Senior Bingo—(ages 55+) Come for an afternoon game of bingo at the library. Prizes will be awarded. Thursday, October 8, 2:00-3:00 p.m.

English as a Second Language—Free English conversation class. No registration required. Saturdays, 12:00- 1:30 p.m., October 3, 10, 17, 24, 31

American Short Stories Group Discussion—Join a discussion of an American Classic with Dr. Ken Johnson, Georgia Perimeter College. Copies of each month's selection are available at the Circulation Desk. October: *The Black Cat* by Edgar Allan Poe. Saturday, October 10, 10:30 – 11:30 a.m.

November

Preschool Adventures—(ages 3-5 years) Stories, songs and more. Wednesdays, 10:30-11:00 a.m., November 4, 18, 25

Family Storytime—(for all ages) 1st and 3rd Tuesday of the month. Tuesday night storytime full of fun family literacy activities. Tuesday, 6:30-7:30 p.m., November 3, 17

Senior Bingo—(ages 55+) Come for an afternoon game of bingo at the library. Prizes will be awarded. Thursday, November 12, 2:00-3:00 p.m.

English as a Second Language—Free English conversation class. No registration required. Saturdays, 12:00- 1:30 p.m., November 7, 14, 21

American Short Stories Group Discussion—Join a discussion of an American

Classic with Dr. Ken Johnson, Georgia Perimeter College. Copies of each month's selection are available at the Circulation Desk. November: *Long Day's Journey into Night* by Eugene O'Neill. Saturday, November 14, 10:30 – 11:30 a.m.

Afternoon Movie Matinee—Come on over and join us for a movie; title will be announced one week before, all movies rated PG-13 and below. Saturday, November 14, 2:00-4:00 p.m.

Email Basics—Learn how to set up a web-based account, send messages, and attachments. Mouse, typing skills and some internet experience required. Limited to first 5 participants; registration will open two weeks before class. Thursday, November 19, 10:30 a.m.-12:00 p.m.

December

NO STORYTIMES IN DECEMBER!

Holiday Gift Workshop—(ages 5-12 years) Come to the library to make a holiday gift for someone special! Wednesday, December 2, 3:00 - 4:00 p.m. Open to first 20 participants.

Senior Bingo—(ages 55+) Come for an afternoon game of bingo at the library. Prizes will be awarded. Thursday, December 10, 2:00-3:00 p.m.

English as a Second Language—Free English conversation class. No registration required. Saturdays, 12:00- 1:30 p.m., December 5, 12, 19

American Short Stories Group Discussion—Join a discussion of an American Classic with Dr. Ken Johnson, Georgia Perimeter College. Copies of each month's selection are available at the Circulation Desk. December: *Christmas in Poganuc* by Harriet Beecher Stowe. Saturday, December 12, 10:30 – 11:30 a.m.

Special Events (October, November)

Immigration Information Program—The Access to Law Foundation will present basic information on the latest immigration issues and all aspects of affirmative and defensive immigration relief, including discussion of Deferred

Action for Parental Accountability (DAPA) and other possible reliefs and information about your basic rights and obligations as an undocumented person here in the USA. Saturday, October 10, 1:30-3:30 p.m.

Friends of the Doraville (FODL) Library Book Sale—Help support the library by attending the Friends of the Doraville Library book sale! The FODL Book Sale is a good place to find gifts for the holidays, and this is a great time to pick up some real bargains. There will be paperbacks, hardbacks, CDs and DVDs for children and adults priced from 25 cents to \$1. You will see a great assortment of cook books, children's books, popular adult fiction, histories, mysteries and recorded books on CDs. This is also a good time to join the Friends of the Doraville Library or renew your membership for the remainder of 2015 and all of 2016! (\$5.00 for individuals or \$10.00 for families, business memberships at \$50, \$75 and \$100 are also available)

Book donations for the sale are always welcome at the library anytime! Saturday, October 24, 10:30 a.m. – 3:30 p.m.

Alzheimer's Program—Know the 10 Signs: If you or someone you know is experiencing memory loss or behavioral changes, it's time to learn the facts. Early detection of Alzheimer's disease gives you a chance to begin drug therapy, enroll in clinical studies and plan for the future. This interactive workshop features video clips of people with Alzheimer's disease. Presented by the Georgia Chapter of the Alzheimer's Association Tuesday, November 17, 6:30-7:30 p.m.



BOOK SALE
October 24
10:30 a.m.–3:30 p.m.
 Sponsored by Friends of the Doraville Library
 (See details above)

Your City Leaders...

The City Manager, Mayor and City Council are there to serve all citizens. Keep the list below handy to contact these city government staff members:

City Manager Dr. Shawn Gillen
shawn.gillen@doravillega.us
Mayor Donna Pittman
donna.pittman@doravillega.us

Council District 1

Pam Fleming
pam.fleming@doravillega.us
Robert Patrick
robert.patrick@doravillega.us

Council District 2

Trudy Jones Dean
trudy.jonesdean@doravillega.us
Dawn O'Connor
dawn.oconnor@doravillega.us

Council District 3

Maria Alexander
maria.alexander@doravillega.us
Sharon Spangler
sharon.spangler@doravillega.us

Doraville City Hall
3725 Park Avenue
Doraville, GA 30340

RETURN SERVICE REQUESTED



Doraville Memories

Recent social events like food truck rallies and 5k races bring back memories of “the old days” and what people did to have fun. Before video games and other forms of electronic fun, youth activities included carnivals, costume parties, choir concerts, dances and field trips. Here, Doraville resident John Maloney uses one of his vintage John Deere tractors to take young members of Doraville First Baptist Church on a fall hayride around 1991. (Courtesy *Images of America: Doraville*)